



Nearby Support Meetings for Families

Family Support

Families and loved ones often feel lost and isolated when dealing with substance use by someone in their life. It's difficult to know where to turn for help and support. The following are some of the local family support meetings available.

Attendance at these groups remains confidential, and so much can be learned from those who are going through the same struggles. We encourage you to attend any or all of these groups, if you are able.

Tuesdays—Michael J. Dias Foundation Support Group. 6:30pm at HealthSouth, 222 State Street, Ludlow, MA www.mdiasfoundation.org

Wednesdays—Western Mass Parent Support Group. 6:30pm at Providence Hospital, 1233 Main Street, Holyoke, MA
www.thewesternmassparentsupportgroup.com

Thursdays—Learn to Cope. 7pm at Providence Hospital, 1233 Main Street, Holyoke, MA www.learn2cope.org

Fridays—SOAAR Support Group for loved ones and those in any stage of recovery. 7pm at the Belchertown United Church of Christ Parish House, 18 Park Street, Belchertown, MA www.facebook.com/soaar01007